

SENIOR COMMUNITY CAFÉ MENU CALENDAR – February 2020

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	NO CRT LUNCH Menu TBD	4	Apple Juice American Chop Suey / Capri Veggies Wheat Dinner Roll Cherry-Apple Crisp	5	Roast Turkey w / Gravy Mashed Potatoes Mixed Vegetables Cranberry Sauce Wheat Bread Peaches	6	Italian Sausage w/ Ital Sce / Penne w/ Marinara Sce / Parm Cheese / Italian Blend Veggies / 12 Grain Bread Fruit Cocktail	7	Mariner's Fish Chowder Seafood Salad on a Multi-Grain Bun Baked Sweet Potato Shredded Lettuce Pineapple Mandarin Mix
10	NO CRT LUNCH Menu TBD	11	Cr of Broccoli Soup Roast Chicken with Vegetable Broth Mashed Potatoes Spinach/ Ritz Crackers / Tapioca Pudding w/ Topping	12	Stuffed Pepper w/ Marinara Sauce Penne w/ Marinara Sauce Parmesan Cheese Green & Yellow Wax Beans Wheat Dinner Roll Fruit Cocktail	13	Macaroni & Cheese Stewed Tomatoes Spinach Salad w/ Tomatoes / Italian Dressing / Club Roll / Fresh Banana	14	Grape Juice Baked Ham w/ Raisin Sce Baked Potato Butternut Squash 12 Grain Bread Raspberry- Jam Filled Cookies
17	CRT Closed In Observance of President's Day Holiday	18	Swedish Meatballs w/ Gravy / Bowties Peas /Diced Carrots Wheat Bread Fresh Orange	19	Corn Chowder Brded Fish Filet /Tartar Sce Potato Puffs California Blend Vegetables 12 Grain Bread Home-Baked Cookie	20	Rst Pork A La Orange Sweet Pots w/ Apples Caribbean Veggies Corn Muffin Pears	21	Cranberry Juice Oven-Fried Chicken Mashed Potatoes Corn Oatnut Bread Fruit Cocktail
24	Orange Juice Hot Dog / Hot Dog Roll Mustard, Relish, Ketchup / Vegetarian Baked Beans / Red, Green, Purple Cabbage Coleslaw / Wholegrain Fruit Oatmeal Bar	25	Shell Pasta w/ Marinara Sauce / Mini-Beef Meatballs w/ Sce / Parmesan Cheese / Italian Mixed Veggies /Garden Salad w/Toms, Cucs / Ranch Dressing / Saltines / Peaches	26	Cream Of Vegetable Soup Tuna Salad on Multi-Grain Roll / Potato Wedges / Ketchup / Sliced Tomatoes & Shredded Lettuce / Fresh Orange	27	Roast Turkey w/ Gravy Stuffing Cranberry Sauce Capri Blend Veggies Corn Muffin Fresh Banana	28	Grape Juice Cheesy Veggie Lasagna Tossed Salad with Tomatoes & Cucs / Italian Dressing / Mixed Veggies Wheat Dinner Roll Pineapple Tidbits

Elderly Nutrition Program meals are served Monday thru Friday to persons 60 years of age or older and their spouses

All meals are served with milk, bread and margarine. SUGGESTED DONATION: \$2.50 (or whatever you can afford)